

Therapy Options: Minnetrista & Mound Area

This is a list of places that provide therapy within the Mound/ Minnetrista Area, this list is not an exhaustive list. Relate does not actively endorse one location or business over another. We also encourage clients to call their insurance company to verify what agencies are in network. Your insurance company can also provide a list of in-network providers at your request.

- Anna Johnson: 4154 Shoreline Dr. Suite 260a, Spring Park, MN, 55384 Specializes in teens and young adults *Private pay
- Debbie Locketz 4737 County Rd. 101 #175, Minnetonka, MN 55345 953-208-6700 corementalwellness.com Teens, young adults and parents *Private pay
- Playmore and Prosper: 18205 45th Ave N. Suite A, Plymouth, MN (763.355.5488)
Website: <https://www.playmoreandprosper.com/>
*Private pay
- Care Counseling: 4100 Berkshire Ln N, Suite 250, Plymouth MN 5544
(612-223-8898)
Website: <https://care-clinics.com/>
*In network with major insurances
- Lakeshore Family Therapy, LLC: 3701 Shoreline Dr. Suite 102A, Wayzata, MN 55391
(651.231.7471)
Website: <https://www.lakeshorefamilytherapy.com/>
*In network with BCBS, UCARE, Preferred One and MA
 - Kelly Rose, LMFT, 11+, adults
 - Maggie Patel, LICSW 12+, adults & families
 - Melissa Fjelstad, LADC, LPCC 16+, adults & families
 - MJ Pearson, MSW, LICSW, RPT ages 10 and under (play therapy), parent support
 - Julia Edelman, LMFT, LADC 14+, adults, couples and families
- Lorenz Clinic: 1772 Steiger Lake Ln, Ste. 220, Victoria, MN 55386 (952.443.4600)
 - 1435 White Oak Dr., Ste. 200, Chaska, MN 55318 (952.443.4600)
 - Website: <https://lorenzclinic.com/>
 - *In network with major insurances
- Mindfully Healing: 4154 Shoreline Dr. Suite 202, Spring Park, MN (652.491.9450)
Mindfullyhealing.com
*In network with major insurances
- Relate Counseling Center: 5125 County Road 101, Suite 300, Minnetonka, MN 55345
(952.932.7277)
Website: <https://www.relatemn.org/>
*In network with major insurances

Therapy Options: Minnetrista & Mound Area

- Dr. Elen Honsa (PsyD): Priority mental Health
Location: In-home services (within twin cities and suburbs) & Telehealth (Outpatient therapy-individual, family and parent training) and Psychological testing (ADHD, ASD, Learning disorders ect.) Ages 6+
(call or text: 612-643-0411), email: dr.ellenhonsa@prioritymentalhealth.org
Website - www.prioritymentalhealth.org
Instagram - @priority.mentalhealth

*Out-Of-Network Provider- superbills are available for every session, allowing clients to submit and receive reimbursement from their insurance company. In addition, sliding scale fees are available upon discussion with provider.